



"Fun and Lifetime fitness in a safe and positive environment"

**** ALL STAFF IS SAFESPORT CERTIFIED****



NINJA CLASS SCHEDULE ON REVERSE SIDE!

LOCATION

3132 Dwight Road #100
Elk Grove, CA 95758
916-393-3993

Baby Ninja – (walking to age 3)

Lil' Ninja/Jr Ninja/Ninja

(ages 3 and up)

1 hour class – once a week

OUR PROGRAMS INCLUDE:

- Recreational Gymnastics 25% off for 2nd/3rd classes
- Pre Team Gymnastics 50% off for 4th+ classes

Annual Fee

- Women's Competitive Team (JO & Xcel) \$40 per year for 1st child
- Men's Competitive Team \$25 p/y for 2nd+ child(ren)

Uniform Required (ages 3&|)

- Tumbling Classes **\$53.00**
- NINJA ZONE Classes Incl: Shorts/Shirt/Socks/headband/etc...

We also offer fantastic Birthday Parties, Sports Camps, Olympics and much much more!

Please call **916-393-3993** for class availability.

Visit our website: www.elevategymnasticsacademy.com



NINJA CLASS SCHEDULE

Baby Ninja – (walking to age 3)

W 10:30

S 8:30

Lil' Ninja - (3 years to 4 years 12 months)

M 3:30, 9:30, 5:30

TH 3:30

T

F 6:30

W 4:30, 5:30

S 9:30, 10:30

Junior Ninja - (5 years to 7 years 12 months)

M 10:30, 4:30, 5:30, 6:30 TH 4:30, 5:30 (Y), 6:30 (G)

T 4:30, 4:30 (G), 5:30 (Y) F 4:30, 5:30 (Y), 6:30 (G)

W 9:30, 5:30

S 9:30, 10:30, 11:30

Ninja - (8 years and up to 14 years)

M 4:30

TH 5:30, 5:30 (Y)

T 5:30 (Y)

F 5:30, 5:30 (Y), 6:30 (G)

W 6:30

S 8:30

Reminder: Don't forget to purchase your uniform before your first class.

Legend: Blank = Level White

Y = Level Yellow

G = Level Green

Note: All levels beyond White, include Ages 5 and up!